



**Achieving Financial Wellness
Student Success Conference
*8/28/2020***

Welcome and thanks for joining!

Mark Munzenberger



- **UMCU Financial Education Manager**
- **Certified Financial Counselor through AFCPE and CUNA**

Our Roadmap

- **To start ... Financial Wellness**
- **Three (3) Keys to Becoming Financially Fit**



You are financially healthy when you ...

Financial health comes about when your daily financial systems allow you to be resilient and pursue opportunities over time.

Individuals are financially healthy if they...



SPEND

1.

Spend less than income

2.

Pay bills on time



SAVE

3.

Have sufficient liquid savings

4.

Have sufficient long-term savings



BORROW

5.

Have manageable debt

6.

Have a prime credit score



PLAN

7.

Have appropriate insurance

8.

Plan ahead financially

Financial wellness starts with a budget or spending plan



Can I Afford It?



Meet Rachel Munzenberger

A Spending Plan



- Needs to be tangible
- Requires planning ahead
- Sometimes **you can't afford it!**

The Types of Expenses

1. What *fixed* expenses will you have each month?
2. What *variable* expenses are likely to come up throughout the month?
3. Will you be able to set aside any money for savings?

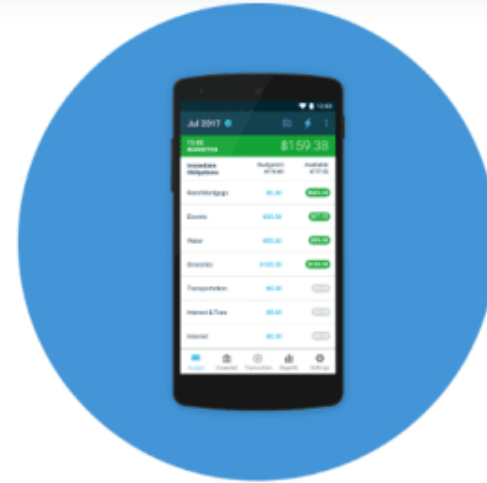
What are my Options?



YNAB for iPhone

Yes, it works on the latest and greatest iPhones, meaning you can update your budget right after an emoji extravaganza with your bestie.

[Get It On The App Store](#)



YNAB for Android

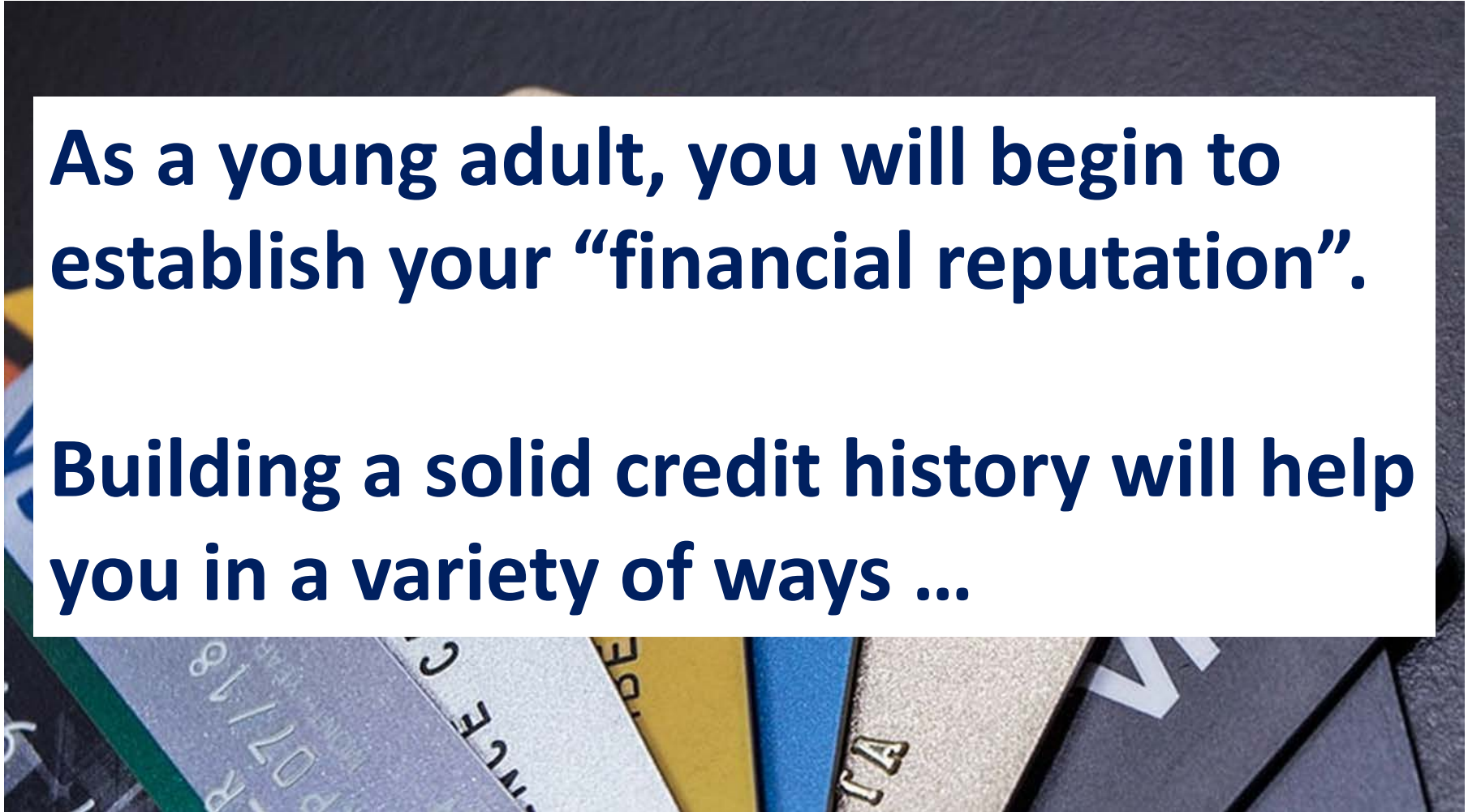
Android fan? You're in luck! YNAB for Android is full featured and works seamlessly with all your devices.

[Get It On Google Play](#)

Establishing Credit

As a young adult, you will begin to establish your “financial reputation”.

Building a solid credit history will help you in a variety of ways ...



Question ... what areas of our lives does credit impact?



Got Insurance?

How to establish credit

- Apply for an unsecured, low-limit, low-interest, no annual fee credit card



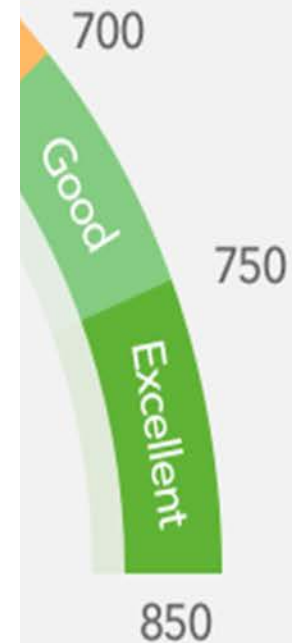
Let's be careful!

- **Always try to pay your balance in full each month**
- **Don't max out the card**
- **Rewards are nice, but keep the spending under control**
- **Credit cards are not a substitute for a savings account**



Credit Scores

Grades	Grade Point Equivalent
A	4.00
A-	3.67
B+	3.33
B	3.00
B-	2.67
C+	2.33
C	2.00
D	1.00
F	0.00





\$15,000
60 months



Rachel	Miquel
Credit Score = 630	Credit Score = 720
APR = 9.5%	APR = 3.0%
Monthly Payment = \$315	Monthly Payment = \$270
Total cost = \$18,902	Total cost = \$16,172

Create Good Spending Habits

WANT



NEED





For most college students, what is the #1 item that they end up spending more on each month than anticipated?

A. Food & Beverage

B. Gasoline

C. Clothes and Laundry

D. Entertainment and Social

Keeping up with the Joneses?



One of the fastest ways to get into money trouble is trying to match the lifestyle and possessions of people around you. Genuinely successful people are independent and consider the “happiness quotient”.

Be careful of the “Latte” factor

Spending \$5 at Starbucks isn't a bad idea once in a while. But do it every day and that \$5 treat is a \$100 a month expense - that's **\$1,200** a year!



Savings is your friend

**DO NOT SAVE WHAT IS LEFT
AFTER SPENDING, BUT
SPEND WHAT IS LEFT
AFTER SAVING.**

WARREN BUFFETT



Questions?

Have a great semester!

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