

PSY 100: INTRODUCTION TO PSYCHOLOGY

Completed Workflow

1. BEHD Chair (sburke@wccnet.edu)
2. HS Dean (alnichols@wccnet.edu)
3. C&A Assistant (aabooker@wccnet.edu)
4. Curricular Systems Coordinator (cacevans@wccnet.edu)
5. C&A Coordinator (sabird@wccnet.edu)
6. C&A Director (bjlinford@wccnet.edu)
7. Before Comm review (aabooker@wccnet.edu)
8. Comm Review step (sabird@wccnet.edu)
9. After Comm review (sabird@wccnet.edu,bjlinford@wccnet.edu)
10. Curriculum Committee Chair (rvanwagnen@wccnet.edu)
11. Assessment Committee Chair (jhale15@wccnet.edu)
12. Before VPI (sabird@wccnet.edu)
13. Vice President for Instruction (hbhirth@wccnet.edu; brtucker@wccnet.edu)
14. Banner (cacevans@wccnet.edu)

Approval Path

1. 2026-02-05T16:57:41Z
Starr Burke (sburke): Approved for BEHD Chair
2. 2026-02-05T17:23:27Z
Anne Nichols (alnichols): Approved for HS Dean
3. 2026-02-27T18:06:09Z
Amber Booker (aabooker): Approved for C&A Assistant
4. 2026-02-27T18:24:33Z
Carol Evans (cacevans): Approved for Curricular Systems Coordinator
5. 2026-03-11T19:55:39Z
Sera Bird (sabird): Approved for C&A Coordinator
6. 2026-03-13T18:05:10Z
Ben Linford (bjlinford): Approved for C&A Director
7. 2026-03-13T18:28:45Z
Ben Linford (bjlinford): Approved for Before Comm review
8. 2026-03-19T21:47:17Z
Amber Booker (aabooker): Approved for Comm Review step
9. 2026-03-27T20:07:39Z
Sera Bird (sabird): Approved for After Comm review
10. 2026-04-09T17:36:55Z
Randy Van Wagnen (rvanwagnen): Approved for Curriculum Committee Chair
11. 2026-04-09T17:38:06Z
Jessica Hale (jhale15): Approved for Assessment Committee Chair
12. 2026-04-09T18:18:18Z
Sera Bird (sabird): Approved for Before VPI
13. 2026-04-09T19:42:16Z
Brandon Tucker (brtucker): Approved for Vice President for Instruction
14. 2026-04-11T07:03:42Z
Approved for Banner

History

1. Apr 11, 2026 by Kristy Norris (klnorris)

Viewing: PSY 100 : Introduction to Psychology

Changes proposed by: Kristy Norris (klnorris)

Effective Term

Fall 2026

Rationale and proposal summary

Distance Learning version of this course is being updated with CiTL. Outcomes are being updated to better meet assessment needs. The update also removes biased language (SLO 3).

Course Cover

Full Course Title

Introduction to Psychology

Transcript Title

Introduction to Psychology

Subject Code

PSY - Psychology

Course Number

100

Department

Behavioral Sciences Department (BEHD)

Banner Division

HSS

Division/College

Humanities, Social & Behav Sci (HS)

Org Code

11220

Course Description

In this course, students will be introduced to the scientific study of psychology - the study of mental processes and behavior. This survey course includes such topics as psychological development, learning, thinking, motivation, emotion, perception, intelligence, aptitudes and personality. Basic principles and their practical applications are discussed.

Planned Delivery Format

Face to Face
Online
Virtual

Has this course been approved for virtual or blended virtual?

Yes

Has this course been approved for online or online blended?

Yes

Grading method

Standard Letter, Audit, Academic Forgiveness

Occupational Indicator

No

ACS Code

110

Credit hours, contact hours, repeatability

Repeatable for additional credit

No

Course credits

3

Lecture contact hours

45

Total Contact Hours

45

Expected Total Contact Hours

45

Prerequisites and prerequisite skill levels**College-Level Math**

No Level Required

College-Level Reading and Writing

College-level Reading and Writing

Approved Level I Prerequisite:

Academic Reading and Writing Levels of 6

Is concurrent enrollment an option for this prerequisite?

No

Course Assessment Plan**Learning Outcome****Outcome**

Recognize how psychological principles impact interactions (i.e. with others, between systems, with self, etc.).

Assessment #1**Assessment Tool**

Outcome-related departmental exam questions

Anticipated Next Assessment Year

2026

Anticipated Next Assessment Term

Fall

Assessment Cycle

Every Three Years

Anticipated assessment population

All students from all sections

How the assessment will be scored

Answer key

Who does the scoring?

Departmental faculty

Standard of success

70% of the students will score 70% or higher.

Assessment #2**Learning Outcome****Outcome**

Recognize how the scientific approach is applied to psychological principles.

Assessment #1

Assessment Tool

Outcome-related departmental exam questions

Anticipated Next Assessment Year

2026

Anticipated Next Assessment Term

Fall

Assessment Cycle

Every Three Years

Anticipated assessment population

All students from all sections

How the assessment will be scored

Answer key

Who does the scoring?

Departmental faculty

Standard of success

70% of the students will score 70% or higher.

Assessment #2

Learning Outcome

Outcome

Apply psychological principles to human behaviors.

Assessment #1

Assessment Tool

Outcome-related departmental exam questions

Anticipated Next Assessment Year

2026

Anticipated Next Assessment Term

Fall

Assessment Cycle

Every Three Years

Anticipated assessment population

All students from all sections

How the assessment will be scored

Answer key

Who does the scoring?

Departmental faculty

Standard of success

70% of the students will score 70% or higher.

Assessment #2

Course Objectives

	Objective(s)
1.	Identify at least three of the major psychological perspectives
2.	Recognize the influence of three psychological perspectives on contemporary psychology.
3.	Recognize at least three research designs that are used in psychology along with their strengths and weaknesses.
4.	Distinguish between a dependent variable and an independent variable as well as between a control group and an experimental group.
5.	Identify at least three structures and one function of the neuron, the nervous system, and the brain.
6.	Identify the genetic influence on behavior.
7.	Recognize the words DNA, gene, and chromosome.
8.	Recognize the difference between a sensation and a perception
9.	Identify the components and functions of at least one sense organ.
10.	Recognize at least two perceptual organizational properties.
11.	Distinguish between a primary and secondary motivation
12.	Recognize the role of drives and incentives in motivation.
13.	Recognize the basic principles underlying Maslow's hierarchy of needs.
14.	Identify the potential role of cognition in emotion.
15.	Recognize at least two psychological explanations for aggressive behavior in society.
16.	Recognize the role of learning and culture in emotional regulation.
17.	Identify at least two sources of stress.
18.	Identify two ways of coping with stress.
19.	Identify at least one characteristic of three theories of infant and child development.
20.	Recognize at least two physical, cognitive, and social changes that occur during infancy and childhood.
21.	Recognize at least two theories of adolescent development.
22.	Recognize at least two physical, cognitive, and social changes that occur during adolescent development.
23.	Recognize at least two theories of adult development.
24.	Recognize at least two physical, cognitive, and social changes that occur during adult development.
25.	State principles and main elements of two learning theories.
26.	Identify the difference between classical conditioning and operant conditioning principles.
27.	Recognize the difference between the four schedules of reinforcement.
28.	Identify the three stages of memory according to the information-processing view.
29.	Recognize two structures in the brain that are largely responsible for memory.
30.	Recognize ways in which memories can be distorted or forgotten altogether.
31.	Identify two methods used to generate and evaluate alternative solutions to problems.
32.	Define at least two elements of language.
33.	State two socio-cultural aspects that may play a role in intelligence.
34.	Identify at least two states of consciousness
35.	Identify the stages of sleep
36.	State two possible purposes of sleep and dreaming
37.	Cite the role of two psychotropic drugs in altering states of consciousness
38.	Recognize the underlying assumptions of two of the following theories of personality: psychoanalytic, trait, humanistic, or social learning.
39.	Identify at least one objective and one projective personality test.
40.	Identify no less than two characteristics of anxiety disorders, mood disorders, and schizophrenia.
41.	Identify at least two possible causes of mood, anxiety, and schizophrenic disorders
42.	Recognize the difference between biomedical therapy and psychotherapy, and identify examples of each.
43.	Identify at least two therapeutic techniques recommended by clinicians from the following perspectives: psychoanalytic, humanistic, and cognitive-behavioral.

- 44. Identify two possible effects of being a member of a group on behavior.
- 45. Identify the effect that conformity, social roles, obedience, and cognitive dissonance can have on behavior.
- 46. Recognize the meaning of the fundamental attribution error.
- 47. Recognize at least one technique that has been successful in reducing discrimination and prejudice.

General Education Area(s)

Area 1: Writing

No

Area 2: 2nd Writing or Communication/Speech

No

Area 3: Mathematics

No

Area 4: Natural Science

No

Area 5: Social and Behavioral Science

Yes

Area 5 Social and Behavioral Science Applicability

Area 5: Social and Behavioral Science (AA)

Area 5: Social and Behavioral Science (AAS)

Area 5: Social and Behavioral Science (AS)

Area 6: Arts and Humanities

No

MTA General Education

Yes

MTA Applicability

MTA Social Science

Review

Is conditional approval requested?

No

Is this course currently conditionally approved, and you are now submitting it for full approval?

No

Reviewer Comments

Sera Bird (sabird) (2026-03-11T19:55:33Z): Sent suggestions to faculty 3/11: mth lvl, boilerplate language/format suggestions for descr, assessment plan, objectives; minor language suggestion for OC#2

Sera Bird (sabird) (2026-03-12T16:09:18Z): Suggestions to descr, OC#2, boilerplate language for assessment plan and objectives accepted by preparer 3/12/26 via email.

Key: 8040

Washtenaw Community College Comprehensive Report

PSY 100 Introduction to Psychology Effective Term: Fall 2019

Course Cover

Division: Humanities, Social and Behavioral Sciences

Department: Behavioral Sciences

Discipline: Psychology

Course Number: 100

Org Number: 11220

Full Course Title: Introduction to Psychology

Transcript Title: Introduction to Psychology

Is Consultation with other department(s) required: No

Publish in the Following: College Catalog , Time Schedule , Web Page

Reason for Submission:

Change Information:

Other:

Rationale: Update Master Syllabus

Proposed Start Semester: Spring/Summer 2019

Course Description: In this course, students are introduced to the scientific study of psychology - the study of mental processes and behavior. This survey course includes such topics as psychological development, learning, thinking, motivation, emotion, perception, intelligence, aptitudes and personality. Basic principles and their practical applications are discussed.

Course Credit Hours

Variable hours: No

Credits: 3

Lecture Hours: Instructor: 45 **Student:** 45

Lab: Instructor: 0 **Student:** 0

Clinical: Instructor: 0 **Student:** 0

Total Contact Hours: Instructor: 45 **Student:** 45

Repeatable for Credit: NO

Grading Methods: Letter Grades

Audit

Are lectures, labs, or clinicals offered as separate sections?: NO (same sections)

College-Level Reading and Writing

College-level Reading & Writing

College-Level Math

Requisites

General Education

MACRAO

MACRAO Social Science

General Education Area 5 - Social and Behavioral Science

Assoc in Applied Sci - Area 5

Assoc in Science - Area 5
Assoc in Arts - Area 5
Michigan Transfer Agreement - MTA
MTA Social Science

Request Course Transfer

Proposed For:

Eastern Michigan University
University of Michigan

Student Learning Outcomes

1. Recognize how biological processes underlie psychological processes.

Assessment 1

Assessment Tool: Departmental Exam
Assessment Date: Fall 2019
Assessment Cycle: Every Three Years
Course section(s)/other population: Random sample of 50% of all sections.
Number students to be assessed: all
How the assessment will be scored: Answer key.
Standard of success to be used for this assessment: Seventy percent of the students will score 70% or higher on the outcome related questions.
Who will score and analyze the data: Departmental faculty

2. Recognize how the scientific method is used to analyze psychological questions.

Assessment 1

Assessment Tool: Departmental Exam
Assessment Date: Fall 2019
Assessment Cycle: Every Three Years
Course section(s)/other population: Random sample of 50% of all sections.
Number students to be assessed: all
How the assessment will be scored: Answer key.
Standard of success to be used for this assessment: Seventy percent of the students will score 70% or higher on the outcome related questions.
Who will score and analyze the data: Departmental faculty

3. Apply psychological principles to various normal and/or pathological human behaviors.

Assessment 1

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4. Distinguish between a dependent variable and an independent variable AND between a control group and an experimental group.

5. ID at least three structures and one function of the neuron, the nervous system, and the brain.
6. ID the genetic influence on behavior.
7. Recognize the words DNA, gene, and chromosome.
8. Recognize the difference between a sensation and a perception
9. ID the components and functions of at least one sense organ.
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New Resources for Course

Course Textbooks/Resources

Textbooks
Manuals

Periodicals
Software

Equipment/Facilities

Level III classroom
Off-Campus Sites
Testing Center
Computer workstations/lab

<u>Reviewer</u>	<u>Action</u>	<u>Date</u>
Faculty Preparer: <i>Maria Ortega</i>	<i>Faculty Preparer</i>	<i>Feb 01, 2019</i>
Department Chair/Area Director: <i>Starr Burke</i>	<i>Recommend Approval</i>	<i>Feb 02, 2019</i>
Dean: <i>Kristin Good</i>	<i>Recommend Approval</i>	<i>Feb 04, 2019</i>
Curriculum Committee Chair: <i>Lisa Veasey</i>	<i>Recommend Approval</i>	<i>Apr 17, 2019</i>
Assessment Committee Chair: <i>Shawn Deron</i>	<i>Recommend Approval</i>	<i>Apr 18, 2019</i>
Vice President for Instruction: <i>Kimberly Hurns</i>	<i>Approve</i>	<i>Apr 22, 2019</i>